



Attention Optimal Health Patients

Optimal Health has established a protocol for directing patient lab orders based on the patient insurance.

Our usual protocol is to perform labs at the Broadway location using our IN-HOUSE lab for insurances that Optimal Health is contracted with; including Blue Cross Blue Shield.

LabCorp is the preferred in-network provider for Blue Cross Blue Shield since January 1st, 2017, Optimal Health will refer other outside testing to LabCorp.

If you have a laboratory preference for blood work and other gynecological tests, please acknowledge it below. ***We recommend verifying with your insurance plan benefits about your preferred lab provider.***

I understand that each insurance plan has its own criteria for medical coverage and that I will be responsible for payment if testing is not fully covered, i.e., Cigna HMO, Cigna Open Access and strict Vitamin D criteria.

It is the patient's responsibility to inform the phlebotomist each time blood is drawn if they have a preferred Lab.

Please circle the laboratory of choice

NO PREFERENCE

IN-HOUSE LAB or IN-HOUSE LAB / LABCORP

LABCORP

DLO QUEST

Other: _____

Please sign below that you have read, understood, and agree to this policy.

Print Name: _____

Patient Signature: _____ Date: _____

Women Only

Optimal Health clinic protocol follows ACOG guidelines, and the HPV testing may end up your responsibility, per your insurance.